## Symmetry of the (generalized) Bernevig-Hughes-Zhang model

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Let us begin with a Chern insulator (Qi-Wu-Zhang model [1]),

$$H_{\text{QWZ}}(\mathbf{k}) = (t\sin k_x)\,\tau_x + (t\sin k_y)\,\tau_y + (m+t\cos k_x + t\cos k_y)\,\tau_z \tag{1}$$

with  $t, m \in \mathbb{R}$ . This model respects particle-hole symmetry

$$\tau_x H^*_{\text{QWZ}}\left(\boldsymbol{k}\right) \tau_x^{-1} = -H_{\text{QWZ}}\left(-\boldsymbol{k}\right), \quad \left(\tau_x \mathcal{K}\right)^2 = +1, \tag{2}$$

with a Pauli matrix  $\tau_x$  and complex conjugation  $\mathcal{K}$ , and thus belongs to class D. While the nonzero Chern number does not necessitate particle-hole symmetry, it is compatible with particle-hole symmetry.

Building on this Chern insulator, we construct a  $\mathbb{Z}_2$  topological insulator (Bernevig-Hughes-Zhang model [2])

$$H_{\rm BHZ}(\mathbf{k}) = \begin{pmatrix} H_{\rm QWZ}(\mathbf{k}) & \delta_y \tau_y \\ \delta_y \tau_y & H_{\rm QWZ}^*(-\mathbf{k}) \end{pmatrix}_{\sigma}$$
  
=  $(t \sin k_x) \sigma_z \tau_x + (t \sin k_y) \tau_y + (m + t \cos k_x + t \cos k_y) \tau_z + \delta_y \sigma_x \tau_y$  (3)

with  $\delta_y \in \mathbb{R}$ . While Pauli matrices  $\sigma_i$ 's (i = x, y, z) describe the spin degree of freedom,  $\tau_i$ 's describe the orbital degree of freedom. This model respects time-reversal symmetry

$$\sigma_y H_{\text{BHZ}}^* \left( \boldsymbol{k} \right) \sigma_y^{-1} = H_{\text{BHZ}} \left( -\boldsymbol{k} \right), \quad \left( \sigma_y \mathcal{K} \right)^2 = -1.$$
(4)

As a result of particle-hole symmetry in Eq. (2),  $H_{BHZ}(\mathbf{k})$  also respects particle-hole symmetry:

$$\tau_x H_{\rm BHZ}^* (\mathbf{k}) \, \tau_x^{-1} = -H_{\rm BHZ} \left(-\mathbf{k}\right), \quad \left(\tau_x \mathcal{K}\right)^2 = +1.$$
 (5)

The combination of time-reversal symmetry in Eq. (4) and particle-hole symmetry in Eq. (5) leads to chiral symmetry:

$$(\sigma_y \tau_x) H_{\text{BHZ}} (\boldsymbol{k}) (\sigma_y \tau_x)^{-1} = -H_{\text{BHZ}} (\boldsymbol{k}), \quad (\sigma_y \tau_x)^2 = 1.$$
(6)

Consequently,  $H_{BHZ}(\mathbf{k})$  belongs to class DIII. The  $\mathbb{Z}_2$  topological invariant for class DIII is isomorphic to that for class AII. Each symmetry imposes the following constraint on the energy spectrum:

- Time-reversal symmetry in Eq. (4) gives rise to  $(E(\mathbf{k}), E(-\mathbf{k}))$  pairs (i.e., Kramers pairs).
- Particle-hole symmetry in Eq. (5) gives rise to  $(E(\mathbf{k}), -E(-\mathbf{k}))$  pairs.
- Chiral symmetry in Eq. (6) gives rise to  $(E(\mathbf{k}), -E(\mathbf{k}))$  pairs.

Let us also add a perturbation:

$$V = \delta_z \sigma_z \tau_x \tag{7}$$

with  $\delta_z \in \mathbb{R}$ . While this perturbation breaks time-reversal symmetry in Eq. (4) and particle-hole symmetry in Eq. (5), it still respects chiral symmetry in Eq. (6) (i.e., class AIII). As a result, the spectrum remains symmetric with respect to zero energy, consistent with the numerical calculations.

## References

- X.-L. Qi, Y.-S. Wu, and S.-C. Zhang, *Topological quantization of the spin Hall effect in two-dimensional paramagnetic semiconductors*, Phys. Rev. B 74, 085308 (2006) [arXiv:cond-mat/0505308].
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